

SOLID RESEARCH AND CATHOLIC TEACHING

Partners on the Journey

In collaboration with Christ the Good Shepherd Church

18511 Klein Church Road • Spring, TX 77379

Class Dates:

- June 6: Intro; Marriage as Vocation, Obstacles to Love
- June 13: Friendship as Foundation, Fostering Couple Connection
- June 20: Marriage as Covenant, Managing Conflict
- June 27: Overcoming Gridlock/Dealing with Differences
- July 11: Processing a Fight; Marriage as a Sacrament
- July 18: Natural Family Planning (NFP) (by Parish Staff)
- July 25: Sex and Sacramentality, Creating Shared Meaning

Class Time: 6 - 8 p.m.

Tuesday Evenings

\$20.00 per couple per class

6 Classes; NFP free!

If couple pays for **5 classes**
up front **6th class is FREE!**



Limited childcare available by reservation. Contact Sandy Krzes at sandy.krzes@cgscc.church no later than a week in advance of the event.

About the Series: Partners on the Journey (Catholic Edition) is a Christian marriage enrichment series that combines a Catholic theology of marriage with findings from scientific research to offer couples both inspiration and practical help. The inspiration comes from the riches of the Catholic faith that give meaning to marriage as a Vocation, a Covenant, and a Sacrament. The practical help comes from The Gottman Institute, which draws on nearly 40 years of evidence-based research to identify the factors that predict divorce, as well as the factors that predict marital success. For more information on the series visit www.marriageministryresources.com.

Courses facilitated by:

Lawrence Balsam, LCSW holds a master's degree from the University of Houston and a master's in Faith and Culture from the University of St. Thomas. He has more than 29 years of counseling experience in a variety of areas including marital, family and interpersonal relationship issues.

Elizabeth Barrera-Sepulveda, LPC has more than 17 years of counseling experience throughout the state of Texas that includes areas such as trauma, domestic violence, geriatric and psychiatric settings. She holds a master's degree in counseling from Texas A&M University – Corpus Christi.